

Oumar El-Aina

Kingston, ON. oelaina@qmed.ca

EDUCATION:

2024-Present **Doctor of Medicine, Candidate, Queen's University**

2019-2024 **Bachelor of Science, Honours Kinesiology, University of Waterloo**

COMMUNITY SERVICE AWARDS:

\$2,500 **Barkat Ali Community Service Award, January 2023. Awarded to a student who has had a positive impact on their community through involvement in volunteer activities and community service**

\$2,500 **Lyle S. Hallman Scholarship, September 2019. Awarded to a student with demonstrated involvement in extracurricular, volunteer, or leadership activities at school and/or in the community**

LEADERSHIP AND PROFESSIONAL EXPERIENCE:

Chair- Applied Health Sciences Endowment Fund, Waterloo, ON 2022-2024

- Led, worked with 15 students/faculty to fund student initiatives; Informed 1000+ students of funding opportunities annually; Oversaw \$500,000 budget

Neighbourhood Program Leader- House of Friendship, Kitchener, ON 2020-2024

- Created, facilitated edu-recreational programs for 200+ systematically neglected youth and families; acted as a 1:1 support for youth
- Facilitated partnerships with community stakeholders and sponsors to produce sports programming
- Acted as a liaison between **community, academic and municipal institutions** as well as between House of Friendship departments

Council Member, Region of Waterloo Youth Advisory Group 2023-2024

- Contributed to and voted on resolutions concerning regional projects in the Kitchener-Waterloo Region
- Collaborated with other council members to produce annual strategic plan

Team Lead- 1001 Nights Shawarma, Kitchener, ON 2017-2024

- Near **full time job** during high school and university
- Led 13 teammates through 300+ orders daily; Collaborated to plan catering orders; Promoted an enthusiastic, friendly work environment

Community Services Representative- Psychological Health and Safety

Committee, House of Friendship

2023-2024

- Represented Community Services Team made up of 75+ staff and oversaw mental health initiatives affecting **250+ employees**; advocated for transparency on mental health resources
- Created and chartered workforce safety and psychological well-being bulletins, advocated for increased expenditure on workplace mental health insurance and coverage

Peer Mentor- University of Waterloo, Waterloo, ON

2022-2023

- Supported and acted as a mentor for ~100 equity-deserving students; deferred students to adequate resources when needs were beyond my capabilities

VOLUNTEER AND COMMUNITY EXPERIENCE:

Volunteer- House of Friendship, Kitchener, ON

2016-Present

- Worked with colleagues to create learning outcomes and study strategies for 100+ equity-deserving youth students; tutored Math, English, and Science
- Worked as a translator and listened to, documented, explained info/concerns between staff and newcomer families to Canada; full Arabic proficiency

Exercise Coordinator- Exercise Post Stroke Program, CCCARE, Waterloo

2021-2024

- Established rapport, genuine relationships with people living with stroke; Improved health, well-being by listening to goals, leading exercise plans
- Contributed to exercise regimen development for 30+ persons living with stroke

First Patient Program Organizer, Queen's Faculty of Medicine

2024-Present

- Organized timeline and end of year ceremony for patient-student learning program
- Helped to connect 115+ medical students to prospective patients for interactive, in-hospital/clinic learning experience

Game Manager- QMed Fights Cancer, Queen's University

2024-Present

- Worked to organize and promote QMed Fights Cancer, a hockey event organized by medical students at Queen's University; helped to raise ~\$100,000 in 2025 in support of the Canadian Cancer Society